

## Manchester Art Gallery Menu

### MORNING BAKES

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Fruit scone	£2.75
Crumbly cheese and herb scone	£2.75
Compliment your scone with homemade jam and whipped cream or red onion marmalade and chutney	£1.25
Almond croissant	£2.00
Plain croissant	£2.00
Pain au raisin	£2.00
Pain au chocolate	£2.00
Maple and pecan slice	£2.00

### BREAKFAST HOT TOASTED PANINIS

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Grilled field mushroom, free range egg and Lancashire cheese	£4.00
Cumberland sausage, caramelized onion and cheese	£4.25
Smoked bacon, tomato and Brie	£4.25

### BREAKFAST BAR

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#### Selection of fresh fruit

Grapes   Pineapple   Honeydew melon   Watermelon   Fruit segments	£2.00
Greek yogurt with granola and fruit compote	£2.65
Bowl of fresh milk and cereals with nuts, seeds, dried fruit and honey	£2.00

### SANDWICHES

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Lancashire cheese, caramelized onion chutney and salad	£4.00
Free range egg mayonnaise with cucumber and watercress	£4.00
Roast chicken, smoked paprika mayo, red onion and rocket	£4.25
Chili cheese, chorizo, tomato salsa and rocket	£4.25
Tuna, red onion and sweetcorn mayonnaise and crunch salad	£4.25

### PANINI

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Buffalo mozzarella, tomato tapenade, roasted red peppers and spinach	£6.25
Chicken, smoked bacon, cheddar and plum tomato	£6.50
Salt beef, gherkin, Swiss cheese, American mustard and sauerkraut	£6.50

### DELI SANDWICH

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Sliced Falafel, roast red pepper, hummus and tzatziki	£5.00
Cold poached salmon, lemon and herb crème fraiche and spinach	£5.25
Roast beef, red onion, rocket and mustard mayonnaise	£5.25
Smoked bacon, brie, cranberry and rocket	£5.25

## WRAPS

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Roast aubergine and red pepper wrap with hummus and spinach	£5.00
Smoked mackerel wrap, lemon and herb yogurt and spinach	£5.25
Chicken and smoked bacon Caesar wrap	£5.25

## SALAD BAR

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Plate of selection of salads	£4.50
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Marinated buffalo mozzarella, sun blushed tomato tapenade, olive and spring onion fusilli pasta  
Smoked paprika potato, roast red peppers, gherkins and honey and mustard vinaigrette  
Moroccan spiced apple and chickpea cous cous with fresh lemon and coriander dressing and toasted hazelnuts  
Pear, blue cheese, celery, cucumber and candied walnut  
Roast vegetable bulgar wheat with tender stem broccoli, salted almonds, feta and soft herbs  
Purple, golden and candy beetroot with honey, goats cheese, spinach and toasted pinenuts  
Roast vegetable, soy, sweet chilli and green bean noodle salad with toasted sesame seeds  
Chefs Special

## SOUP

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Daily homemade soups	£3.95
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Hot and sour chunky vegetable broth  
Miso soup with smoked tofu and pak choi  
Pumpkin orange and ginger  
Parsnip, sage and white bean  
Roast cauliflower and coconut  
Red lentil, sweet potato and coriander  
Celeriac, apple and honey  
Broccoli, blue cheese and thyme

## BOXED SALADS

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Crudité pots with hummus	£2.65
Marinated Spanish olives	£2.50
Fruit salad pots	£2.00
Hummus pots with smoked paprika and coriander beans	£1.60
Marinated olive, feta and sun blushed tomato salad	£4.95
Pesto roast vegetable fusilli pasta salad	£4.95
Smoked peppered mackerel with soy, sweet chili noodle salad	£5.95
Chicken Caesar salad	£5.95

## MAIN COURSE HOT OPTIONS

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With choice of salad plate or 2 sides:

Vegetarian Option	£8.95	Fish Option	£9.50	Meat Option	£9.95
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Pumpkin, roast pepper and parmesan frittata  
Foil roasted beets, goats cheese, herbs and salt roast hazelnuts  
Manchego cheese croquettes, wilted spinach and spicy romesco sauce  
Sag aloo filo pie with poppadum, mango chutney and raita  
Thai spiced sweetcorn fritters sweet chilli dipping sauce  
Slow cooked spiced lamb shoulder, with tzatsiki, hummus and toasted flatbread  
Sustainable fish fritters with tartare salsa in a toasted wrap  
Smoked paprika, garlic and herb chicken oyster thighs  
Braised Boddington's beef feather with sticky caramelised baby onions  
Baked salmon fillet in teriyaki glaze  
Fresh baked smoked haddock and salmon fish cake with watercress pesto

## SIDES

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Side portion	£2.00
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Jacket potato  
Spiced sweet and baked potato wedges  
Sautéed green vegetables  
Lightly pickled red cabbage  
Cauliflower cheese  
Tarragon buttered carrots  
Roast root vegetable  
Baked rosemary rock salt new potatoes  
Dauphinoise potatoes  
Peppered parmentier potatoes

## KIDS FOOD OFFER

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Cheese and tomato pasta	£4.95
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Selection of sandwiches Tuna, cheese, ham or jam on white or brown bread

Choose 5 items for £4.95

Yoyo bear | Raisin | Baby bell cheese | Fruit pots | Cherry tomatoes | Vegetable sticks | Hummus pots | Yogurts | Fruit juice

## TRAY BAKES AND ROUND CAKES

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Vegan chocolate cake	£2.75
Blackberry and flaked almond frangipane	£3.25
Lemon drizzle loaf	£3.00
Earl grey fruit loaf	£3.00
Gluten free orange and poppy seed	£3.25
Diabetic carrot cake	£3.25
Eccles cake	£2.75
Black cherry frangipane	£2.75
Gluten free apple and coconut cake	£3.25
Bakewell tart	£2.75
Gluten free brownie / Gluten free and diabetic fruit and nut brownie	£2.75
Flapjack	£2.75